

DKN Power Trainer

WHOLE BODY VIBRATION



Benefits of WBV:

- Greater muscle activation during exercise compared to standard training
- Weight loss through increased workout intensity and increased metabolism
- Improved muscle strength, flexibility and recovery from exercise
- Improved bone density
- Increased circulation to entire body
- Increased strength and power in sporting performance
- Much more.....

DKN Power Trainer features:

- LCD display for time, frequency and instructional program graphics
- Manual operation with adjustable time and frequency
- Program modes: Total body, Upper Body, Lower Body and Abdominals
- Frequency range 20-50Hz with 5 Hz increments
- Upper body side straps included
- Heavy steel base and casing

DKN Power Trainer specs:

- Maximum motor output: 900Watt
- Maximum amplitude: 3.825
- Horizontal displacement: 0.526
- Max G-Loading: 2.65
- Platform dimensions: 40x72 cm
- Maximum user weight limit: 150kg

2 YEAR PARTS AND LABOUR WARRANTY

LIGHT COMMERCIAL RATING

FLOOR SIZE 80x90x153 cm
UNIT WEIGHT 75kg
CARTON DIMENSIONS
(1) GW 12.45kg L116 W18 H22 cm
(2) GW 50.95kg L78 W72 H30 cm

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